Amanda M. Mitchell, PhD

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EDUCATION

2015 Ph.D. Counseling Psychology (APA-Accredited)

University of Louisville, Louisville, Kentucky

2014-2015 Pre-Doctoral Intern, University Counseling Center (APA-Accredited)

The University of Utah, Salt Lake City, Utah

2013 M.Ed. Counseling Psychology

University of Louisville, Louisville, Kentucky

2010 B.S. Psychology, Minor in Sociology

Grand Valley State University, Allendale, Michigan

PROFESSIONAL APPOINTMENTS

2017-present Assistant Professor, Department of Counseling and Human Development

University of Louisville, Louisville, Kentucky

2015-2017 Postdoctoral Research in Stress, Behavioral Immunology and Health Disparities Lab

Institute for Behavioral Medicine Research

The Ohio State University Wexner Medical Center, Columbus, Ohio

PROFESSIONAL LICENSE

2019-present Psychologist, State of Kentucky (#251218)

2017-2019 Psychologist, State of Kentucky (Temporary, #174480)

AWARDS & HONORS

2017

2021	Student Champion, Student-Nominated Award, University of Louisville
2021	Outstanding Graduate Mentor Award, Student-Nominated Mentoring Award, Kentucky Psychological Foundation
2020	Researcher of the Year, Kentucky Psychological Foundation
2017-2018, 2019-2020	Delphi Center for Teaching and Learning Faculty Favorite, Student-Nominated Teaching Award, University of Louisville
2018	Institute for Academic Feminist Psychologists Scholar, Committee on Academic Feminist Psychology, Sponsored by the American Psychological Association (APA) Society for Psychology of Women
2017	Commonwealth Scholar, Commonwealth Institute of Kentucky (CIK), School of Public Health and Information Sciences, University of Louisville

PNIRS Trainee Scholar, Psychoneuroimmunology Research Society Annual Meeting

2016	APA Achievement Award for Early Career Psychologists, Committee on Early Career Psychologists, American Psychological Association
2016	Oral Presentation Award, Institute for Behavioral Medicine Research Day, The Ohio State University Wexner Medical Center
2016	Young Investigator Colloquium Scholar, American Psychosomatic Society
2015	Outstanding Graduate Award, College of Education and Human Development, University of Louisville
2015	Outstanding Student in Counseling Psychology Award, Department of Counseling and Human Development, University of Louisville
2014	Intern Outreach Award, The University of Utah Counseling Center
2010	Psychology Student of the Year, Grand Valley State University

PEER-REVIEWED PUBLICATIONS (*supervised student)

- *Leach, S. M., Mitchell, A. M., Salmon, P., & Sephton, S. E. (in press). Mindfulness, self-reported health, and cortisol: A latent profile analysis. *Journal of Health Psychology*, 26(14), 2719-2729. https://doi.org/10.1177/1359105320931184
- Pössel, P., <u>Mitchell, A. M.,</u> & Harbison, B. (in press). Repetitive negative thinking, depressive symptoms, and cortisol in informal cancer caregivers and non-caregivers. *Oncology Nursing Forum*. 10.1188/19.ONF.E202-E210
- King, K. M., Gonzalez, G. B., & Mitchell, A. M. (2021). Strategies for implementing mindfulness and mindful eating into health & fitness professionals' practice. *ACSM's Health & Fitness Journal*, *25*(2), 43-47. 10.1249/FIT.000000000000649
- Mitchell, A. M., & Christian, L. M. (2019). Repetitive negative thinking, meaning in life, and serum cytokine levels in pregnant women: Varying effects by socioeconomic status. *Journal of Behavioral Medicine*, 42(5), 960-972. 10.1007/s10865-019-00023-6.
- Ritchie-Ewing, G. T., <u>Mitchell, A. M.,</u> & Christian, L. M. (2019). Associations of maternal beliefs and distress in pregnancy and postpartum with breastfeeding initiation and early cessation. *Journal of Human Lactation*, *35*(1), 49-58, 10.1177/0890334418767832
- Mitchell, A. M., & Davids, C. M. (2019). White privilege in couple and family therapy. In J Lebow, A. Chambers, D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. (pp. 1-5). Cham, Switzerland: Springer International Publishing.
- Davids, C. M., & <u>Mitchell, A. M.</u> (2019). Intersectionality in couple and family therapy. In J Lebow, A. Chambers, D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. (pp. 1-6). Cham, Switzerland: Springer International Publishing.
- Gillespie, S. L., <u>Mitchell, A. M.,</u> Kowalsky, J. M., & Christian, L. M. (2018). Maternal parity and perinatal cortisol adaptation: Effects of pregnancy-specific distress and implications for postpartum mood. *Psychoneuroendocrinology*, *97*, 86-93. 10.1016/j.psyneuen.2018.07.008
- Christian, L. M., Kowalsky, J. M., <u>Mitchell, A. M.,</u> & Porter, K. (2018). Associations of postpartum sleep, stress, and depressive symptoms with LPS-stimulated cytokine production among African American and White women. *Journal of Neuroimmunology*, *316*, 98-106. 10.1016/j.jneuroim.2017.12.020

- Mitchell, A. M., Porter, K., & Christian, L. M. (2018). Examination of the role of obesity in the association between childhood trauma and inflammation during pregnancy. *Health Psychology*, *37*(2), 114-124. 10.1037/hea0000559
- Mitchell, A. M., Kowalsky, J. M., Epel, E. S., Lin, J., & Christian, L. M. (2018). Childhood adversity, social support, and telomere length among perinatal women. *Psychoneuroendocrinology, 87,* 43-52. 10.1016/j.psyneuen.2017.10.003
- Christian, L. M., Beverly, C., <u>Mitchell, A. M.,</u> Karlsson, E., Porter, K., Schultz-Cherry, S., & Ramilo, O. (2017). Effects of prior influenza virus vaccination on maternal antibody responses and cord blood antibody titers. *Vaccine*, *35*(39), 5283-5290. 10.1016/j.vaccine.2017.05.050
- Christian, L. M., Young, A. S., <u>Mitchell, A. M.</u>, Belury, M. A., Gracious, B. L., Arnold, L. E., & Fristad, M. A. (2017). Body weight affects ω-3 polyunsaturated fatty acid (PUFA) accumulation in youth following supplementation in post-hoc analyses of a randomized controlled trial. *PloS One*, *12*, e0173087. 10.1371/journal.pone.0173087
- Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W. W. (2017). Associations of depression status and hopelessness with blood pressure: A 24-year follow-up study. *Psychology, Health & Medicine, 22*(7), 761-771. 10.1080/13548506.2017.1281977
- Mitchell, A. M., & Pössel, P. (2017). Repetitive negative thinking: The link between caregiver burden and depressive symptoms. *Oncology Nursing Forum, 44*(2), 210-216. 10.1188/17.ONF.210-216
- Mitchell, A. M., & Christian, L. M. (2017). Financial strain to birth weight: The mediating role of psychological distress. *Archives of Women's Mental Health*, *20*, 201-208. 10.1007/s00737-016-0696-3
- Mitchell, A. M., Palettas, M., & Christian, L. M. (2017). Fetal sex is associated with maternal stimulated cytokine production, but not serum cytokine levels, in human pregnancy. *Brain, Behavior, and Immunity, 60,* 32-37. 10.1016/j.bbi.2016.06.015
- Carpenter, B. W., Bukoski, B. E., Berry, M., & <u>Mitchell, A. M.</u> (2017). Examining the social justice identity of assistant principals in persistently low-achieving schools. *Urban Education*, *52*, 287-315. https://doi.org/10.1177/0042085915574529
- Mitchell, A. M., Pössel, P., Van Voorhees, B. W., & Eaton, W. W. (2017). Associations of depression status and hopelessness with breast cancer: A 24 year follow-up study. *Journal of Health Psychology*, 22(10), 1322-1331. 10.1177/1359105315626998
- Christian, L. M., <u>Mitchell, A. M.</u>, Gillespie, S. L., & Palettas, M. (2016). Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight. *Psychoneuroendocrinology*, *74*, 69-76. 10.1016/j.psyneuen.2016.08.025
- Lantz, M. M., Fix, R. L., Davis, B. L., Harrison, L. N., Oliver, A., Crowell, C., <u>Mitchell, A. M.,</u> & Garcia, J. J. (2016). Grad students talk: Development and process of a student-led social justice initiative. *Journal of Diversity in Higher Education*, *9*(3), 290-306. https://doi.org/10.1037/dhe0000033
- Pössel, P., Mitchell, A. M., Sjögren, E., & Kristenson, M (2015). Do depressive symptoms mediate the relationship between hopelessness and diurnal cortisol rhythm? *International Journal of Behavioral Medicine*, 22, 251-257. 10.1007/s12529-014-9422-6
- Pössel, P., Mitchell, A. M., Ronkainen, K., Kaplan, G. A., Kauhanen, J., & Valtonen, M. (2015). Do depressive symptoms predict the incidence of myocardial infarction independent of hopelessness? *Journal of Health Psychology*, 20(1), 60-68. https://doi.org/10.1177/1359105313498109

- Mitchell, A.M., Owen, J., Adelson, J., France, T., Inch, L., & Bergen, C. (2015). The influence of dyadic coping in relationship education for lower income racial/ethnic minority couples. *Journal of Family Therapy*, *37*, 492-508. https://doi.org/10.1111/1467-6427.12057
- Mitchell, A. M., Pössel, P., Sjögren, E., & Kristenson M. (2013). Hopelessness the "active ingredient"? Associations of hopelessness and depressive symptoms with interleukin-6. *International Journal of Psychiatry in Medicine*, *46*, 109-117. https://doi.org/10.2190/PM.46.1.g
- Hochbein, C. D., Mitchell, A. M., Pollio, M. (2013). Gamed by the system: Adequate yearly progress as an indicator of persistently low-achieving school performance. *NASSP Bulletin*, *97*, 270-289. https://doi.org/10.1177/0192636513479139
- Mitchell, A. M., & Pössel, P. (2012). Frontal brain activity pattern predicts depression in adolescent boys. Biological Psychology, 89(2), 525-527. https://doi.org/10.1016/j.biopsycho.2011.12.008
- Henderson-King, D., & Mitchell, A. M. (2011). Materialism, intrinsic aspirations, and meaning in life predict students' meanings of education. *Social Psychology of Education*, *14*(1), 119-134. 10.1007/s11218-010-9133-z

OTHER PUBLICATIONS

- Untied, A. & Mitchell, A. M. (2017, March, 24). Managing Hot Topics in Therapy [Ohio Psychological Association Committee on Social Responsibility blog post]. Retrieved from http://opapic.blogspot.com/2017/03/managing-hot-topics-in-therapy.html
- Mitchell, A. M. (2017, February, 20). Did You Know? Word Day of Social Justice is February 20 [Ohio Psychological Association Committee on Social Responsibility Did You Know Article Series]. Retrieved from http://ohpsych.site-ym.com/news/332615/Did-You-Know...-World-Day-of-Social-Justice-is-February-20.htm
- Mitchell, A. M. (2016, November, 10). Did You Know? Maternal Depression And Coping [Ohio Psychological Association Committee on Social Responsibility blog post]. Retrieved from http://opapic.blogspot.com/2016/11/did-you-know-maternal-depression-and.html

UNDER REVISION OR REVIEW (*supervised student; †shared first authorship)

- †Kowalsky, J. M., †Mitchell, A. M., Belury, M. A., Cole, R. M., & Christian, L. M. (under revision). Perceived social support predicts health behaviors and objective health indicators among pregnant women.
- Mitchell, A. M., *Heitz, H., *Leach, S. M., & *Berghuis, K. B. (under review). The intersection of economic resources and health care access in associations with self-reported health: A latent class analysis.
- Kowalsky, J. M., <u>Mitchell, A. M.,</u> & Okdie, B. M. (under review). Maintaining distance and avoiding going out during the COVID-19 pandemic: Predicting behavior at six-month follow-up.
- Mitchell, A. M., Seely, H. D., & Pössel, P. (invited submission under review). Intersections of health, economic, and social concerns during the COVID-19 pandemic in the United States: Associations with mental health.
- Strahm, A. M., <u>Mitchell, A. M.,</u> Pan, X., & Christian, L. M. (under review). Repetitive negative thinking during pregnancy and postpartum: Associations with mental health, inflammation, and breastfeeding.

PRESENTATIONS

- Mitchell, A. M., & Cahoon, M. (2021, August). Applying the Multicultural Orientation in counseling health psychology research. In T. Raque. (Chair), *Integrating Multicultural Orientation into counseling health psychology: Downstream to upstream.* [Symposium]. Annual Meeting of the American Psychological Association, Virtual.
- Heitz, H., Friend, C., Mitchell, A. M., Okdie, B. & Kowalsky, J. (2021, April). *Motivations for preventive health behavior use during the COVID-19 pandemic: For me, for you, following rules, and fear.* [Poster presentation]. Society of Behavioral Medicine 42nd Annual Meeting & Scientific Sessions, Virtual.
- Raque-Bogdan, T., & Mitchell, A. M. (2020, April). Intersectionality in counseling psychology health research: Exploring how to actualize our social justice values in research designs. [Roundtable presentation]. Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
- Mitchell, A. M., Leach, S. M., Heitz, H., & Berghuis, K. J. (2019, March). *Economic resources, health care access, and self-reported health: A latent class analysis*. [Poster presentation]. 77th Annual Meeting of the American Psychosomatic Society (APS), Long Beach, LA. (Conference canceled).
- Mitchell, A. M., Alt, M., & McAndrew, L. M. (2019, August). Making the move into counseling health psychology: Early career practice from internship and postdoc. [Roundtable presentation]. 127th Annual American Psychological Association Convention, Chicago, IL.
- Mitchell, A. M. (2018, June). Socioeconomic position and health. [Poster presentation]. 3rd Institute for Academic Feminist Psychologists, Miami, FL.
- Mitchell, A. M., Salmon, P., & Sephton, S. (2018, March). Differential associations among facets of dispositional mindfulness with self-reported mental and physical health. [Paper presentation]. 76th Annual Meeting of the American Psychosomatic Society (APS), Louisville, KY.
- Mitchell, A. M., &, Christian, L. M. (2017, June). Psychological factors moderate the link between SES and inflammatory markers in pregnant women. [Poster presentation]. 24thAnnual Meeting of the PsychoNeuroImmunology Research Society (PNIRS), Galveston, TX.
- Mitchell, A. M., Kowalsky, J. M., Epel, E. S., Lin, J., & Christian, L. M. (2017, April). *Childhood adversity, social support, and telomere length among perinatal women.* [Oral presentation]. 10th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
- Roane, S.J., Pössel, P., & <u>Mitchell, A. M.</u> (2016, August). *Depression in family caregivers of cancer patients*. [Poster presentation]. 124th Annual American Psychological Association Convention, Denver, CO.
- Mitchell, A. M., Palettas, M. &, Christian, L. M. (2016, June). Fetal sex is associated with maternal stimulated cytokine production, but not serum cytokine levels, in human pregnancy. [Poster presentation]. 23rd Annual Meeting of the PsychoNeuroImmunology Research Society (PNIRS), Brighton, United Kingdom.
- Beverly, C.M., Mitchell, A. M., & Christian, L. M. (2016, April). Effects of prior vaccination on influenza vaccine immunogenicity in pregnant women and antibody transfer to neonates. [Poster presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
- Mitchell, A.M., Gillespie, S.L., Palettas, M., & Christian, L. M. (2016, April). Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight. [Oral presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
- Ritchie-Ewing, G., <u>Mitchell, A. M.,</u> & Christian, L. M. (2016, April). *Predicting breastfeeding duration with breastfeeding beliefs, breastfeeding intention, and maternal distress during pregnancy.* [Poster

- presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
- Saleska, J.L., Mitchell, A.M., & Christian, L.M. (2016, April). Socioeconomic mobility, race, and depressive symptoms in pregnancy. [Poster presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
- Christian, L.M., Mitchell, A.M., Gillespie, S. L., & Palettas, M. (2016, March). Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight. [Poster presentation]. 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, Colorado.
- Christian, L. M., <u>Mitchell, A. M.,</u> & Porter, K. (2016, March). *Poor sleep quality and parenting stress predict enhanced LPS-stimulated cytokine production among women during postpartum.* [Oral presentation]. 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, Colorado.
- Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W.W. (2015, November). *Hypertension's association with cognitive risk factors for depression*. [Poster presentation]. 49th Annual Association for Cognitive and Behavioral Therapies Convention, Chicago, IL.
- Roane, S.J., Pössel, P., <u>Mitchell, A. M.,</u> & Eaton, W.W. (2015, August). *The relationships among hopelessness, depressive symptoms, and blood pressure*. [Poster presentation]. 123rd Annual American Psychological Association Convention, Toronto, Canada.
- Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W.W. (2015, March). Depressive symptoms as a mediator of the relationship between hopelessness and blood pressure. [Poster presentation]. 28th Annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.
- Mitchell, A.M., Owen, J., & Adelson, J. (2013, June). Family stress model and relationship education: The importance of racial/ethnic minority couples' dyadic coping. [Poster presentation]. 6th International Meeting on Stress & Dyadic Coping, Couples Coping with Cancer-Related Stress: Translating Research to Practice, Louisville, Kentucky.
- Mitchell, A. M., & Pössel, P. (2012, January). Frontal brain activity pattern predicts depression in adolescent boys. [Oral presentation]. Fun Friday Research Colloquium at the University of Louisville, Louisville, Kentucky.
- Hochbein, C. D., Mitchell, A. M., Pollio, M. (2011, November). *Gaming the system: AYP as an indicator of persistently low-achieving school performance*. [Oral presentation]. 25th Annual University Council for Educational Administration Conference, Pittsburgh, Pennsylvania.
- Mitchell, A. M. (2011, March). EEG asymmetry pattern in adolescent boys as risk factor for depression. [Oral presentation]. KPA Foundation Spring Academic Conference, Frankfort, Kentucky.
- Hochbein, C., & Mitchell, A. M. (2010, November). *Principal change, accountability, and school achievement*. [Brownbag roundtable discussion]. University of Louisville, Louisville, Kentucky.
- Mitchell, A. M., Kielbasa, R., VanDyke, E., & Henderson-King, D. (2010, May). *Need for cognition and religiosity predict students' meanings of education*. [Poster presentation]. 82nd Annual Midwestern Psychological Association Conference, Chicago, Illinois.
- Henderson-King, D., & Mitchell, A. M. (2010, May). Materialism, intrinsic aspirations, and meaning in life predict students' meanings of education. [Poster presentation]. 82nd Annual Midwestern Psychological Association Conference, Chicago, Illinois and Student Scholarship Day at Grand Valley State University, Allendale, Michigan.

- Henderson-King, D., Schenk, S., & Mitchell, A. M. (2009, May). *Predicting cosmetic surgery attitudes among college women*. [Poster presentation]. 81st Annual Midwestern Psychological Association Conference, Chicago, Illinois and Student Scholarship Day at Grand Valley State University, Allendale, Michigan.
- Mitchell, A. M., & Vesey, R. (2008, April). Do aspects of the self predict cosmetic surgery attitudes? [Poster presentation]. Student Scholarship Day at Grand Valley State University, Allendale, Michigan.

INVITED PRESENTATIONS

- Mitchell, A. M. (2020, September). Socioeconomic inequities in health: Implications for health providers. [Continuing education (2 CE) presentation]. Louisville VA Medical Center, Louisville, KY.
- Mitchell, A. M. (2018, October). *Psychoneuroimmunology research*. [Presentation]. Fall 2018 Research Meeting of the Commonwealth Institute of Kentucky School of Public Health and Information Sciences, Louisville, KY.
- Mitchell, A.M. (2014, November). *Intersecting identities*. [Panel facilitator]. Strategies for College Success course at the University of Utah, Salt Lake City, UT.
- Mitchell, A. M. (2014, April). *Understanding the caregiving experience: Current research.* [Presentation]. Health Psychology course at Bellarmine University, Louisville, KY.

FUNDED RESEARCH GRANTS

2018-2019 University of Louisville College of Education and Human Development (CEHD) Research

and Faculty Development Grants (Amanda M Mitchell, PI)

Childhood socioeconomic position and physical health: The role of intrapersonal factors

Total award: \$1,740

2017-2018 Colorado State University Prevention Research Center (Kelley Quirk, PI)

Couple conflict: Implications for partners' and children's health

Total award: \$30,000 Role: Collaborator

UNFUNDED RESEARCH GRANTS

National Institute of Mental Health (NIMH), R15 Academic Research Enhancement Award

(AREA) (Amanda M Mitchell, Sandra E Sephton, Co-Pls)

Mindfulness training among college students at risk for health disparities: A randomized trial

Total requested: \$468,737, scored in the 26th percentile

FUNDED PROFESSIONAL DEVELOPMENT GRANTS

*supervised student

2019 University of Louisville Commission on Diversity and Racial Equality (CODRE) Diversity

Programming Committee (Amanda M Mitchell, *Maame-Safowaa Geary, *Tianhong Yao,

Co-Pls)

I am Psyched! @ the University of Louisville

Total award: \$500

2019 University of Louisville Commission on the Status for Women (COSW) Group Sponsorship

Application (Amanda M Mitchell, *Maame-Safowaa Geary, *Tianhong Yao, Co-Pls)

I am Psyched! @ the University of Louisville

Total award: \$500

2018 University of Louisville Small Grant Development Program (Amanda M Mitchell, PI)

Participation in the 2018 Institute for Academic Feminist Psychologists

Total award: \$469

TEACHING

University of Louisville

ECPY 302: Seminar on Personal and Academic Inquiry (Collaborative Teaching Team) ECPY 619: Empirical and Theoretical Foundations of Counseling and Psychotherapy

ECPY 648: Individual Psychological Assessment I: Cognitive Assessment

ECPY 649: Individual Psychological Assessment II: Personality and Social-Emotional Assessment

ECPY 629: Theories and Techniques of Counseling and Psychotherapy

ECPY 780: Advanced Practicum in Counseling ECPY 793: Independent Seminar: Assessment ECPY 700: Independent Seminar: Research

University of Utah

EDPS 3010: Introduction to Multicultural Issues (Co-Instructor)

CLINICAL AND SUPERVISION EXPERIENCE

08/17-08/20	Clinical Supervisor, University of Louisville Cardinal Success Program, Louisville, KY
08/18-05/19	Clinical Supervisor, University of Louisville Trager Institute (formerly the Institute for Sustainable Health & Optimal Aging), Louisville, KY
08/14-07/15	Pre-Doctoral Intern, University of Utah Counseling Center, Salt Lake City, UT
08/13-05/14	Graduate Assistant Outreach Coordinator University of Louisville Counseling Center, Louisville, KY
08/13-05/14	Counseling Psychology Intern, Indiana University Southeast Counseling Center, New Albany, IN
01/13-08/13	Counseling Psychology Intern, The Brook Hospital – KMI, Louisville, KY
08/12-01/13	Counseling Psychology & Assessment Intern, Weisskopf Child Evaluation Center, Louisville, KY
05/12-08/12	Assessment Intern, Maloney Center, Louisville, KY
08/11-05/12	Counseling Psychology Intern, University of Louisville Counseling Center, Louisville, KY
SERVICE	
08/20-10/20	Member of Search Committee for Mental Health and Wellness Coordinator, College of Education & Human Development, University of Louisville
08/20-present	Chair-Elect for Health Psychology Section, Society of Counseling Psychology, American Psychological Association Division 17
08/19-08/20	Member of Social Justice Leadership Special Task Group, Created by APA Division 17 President Dr. Anneliese Singh, Society of Counseling Psychology, American Psychological Association Division 17

11/19-05/21	Member of Search Committee for tenure-track Open Rank position in Quantitative Methodology, College of Education & Human Development, University of Louisville
11/19-03/20	Member of Search Committee for tenure-track Assistant Professor, Educational Psychology, Measurement, and Evaluation, University of Louisville
08/18-present	Member of Standards and Admissions Committee, College of Education and Human Development, University of Louisville
08/18-08/20	Member of Hospitality Committee, Society of Counseling Psychology, American Psychological Association Division 17
10/18-08/20	Webmaster for Health Psychology Section, Society of Counseling Psychology, American Psychological Association Division 17
01/18-04/19	Co-Chair of the 2019 Great Lakes Regional Counseling Psychology Conference, University of Louisville
11/18-02/19	Member of Search Committee for Postdoctoral Associate Position, Cardinal Success Program, University of Louisville
09/15-06/17	Member of the Committee on Social Responsibility, Ohio Psychological Association
08/16-08/17	Co-Facilitator of Diversity Journal Club, The Ohio State University Wexner Medical Center
08/14-07/15	Member of the Outreach Coalition Committee, University of Utah Counseling Center
08/14-02/15	Member of Selection Committee for Incoming Pre-Doctoral Interns, University of Utah Counseling Center
08/13-06/15	Regional Advocacy Coordinator: Northeast Region, American Psychological Association of Graduate Students Advocacy Coordinating Team
08/12-08/13	American Psychological Association of Graduate Students Liaison (as defined by KPA) for the KPA Board of Directors, Kentucky Psychological Association (KPA)
08/12-08/13	State Advocacy Coordinator: Kentucky, American Psychological Association of Graduate Students Advocacy Coordinating Team
08/11-07/12	Campus Representative: University of Louisville, American Psychological Association of Graduate Students Advocacy Coordinating Team

SPECIAL ISSUE GUEST EDITOR

Psychotherapy, Addressing Health in Psychotherapy (TBD, 2022)

AD HOC REVIEWER: JOURNALS

Archives of Women's Mental Health Biological Psychology Biological Research for Nursing Brain, Behavior, and Immunity Clinical Journal of Oncology Nursing Health Psychology Journal of Behavioral Medicine
Journal of the Academy of Nutrition and Dietetics
Physiology & Behavior
Psychological Medicine
Psychology, Health & Medicine
Psychotherapy

The Counseling Psychologist The International Journal of Psychiatry in Medicine

Women's Health Issues

AD HOC REVIEWER: GRANTS

American Heart Association

PROFESSIONAL AFFILITATIONS

American Psychological Association, Divisions 17 & 38 American Psychosomatic Society